



JILL FLOWERS
TRANSFORMATIONAL FACILITATOR •
SPEAKER
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"My experience cannot be put into words! So glad you stepped into your assignment!"
- Soul Shop Participant

We are running around doing everything for everybody! We are on the board, head of the PTA, VP's, CEO's, Chairs, Mothers, our side gig has a side gig! We are Super Women and it's killing us. Have you noticed? In this signature talk **"Bury The Superwoman, Raise The Queen"** we slow it down and feel into what we really want. We say goodbye to Superwoman and breathe life into our Queen.

"Your Sacred Yes"

We make it rain Yes to everyone's request! This talk teaches the audience how special your "Yes" is when to say Yes and who to say Yes to, because every request isn't worthy of a Yes.

"You Are a Revolution" - This is for those of us who were counted out, or not noticed at all. You are here against the odds and that is revolutionary!

"I want you to leave different from the way you came in, I want you better, brighter, higher"

As a Transformational Healer and Facilitator, Jill's mission is to get people, specifically Black Women to choose the higher thought, the expanded perspective towards a better life. Jill has the ability to bring intimacy and inspiration to groups small and large. With her brand of humor, mixed with her feisty, unapologetic stand for women to find their truth, connect with their own medicine and heal.

Jill uses her melodic voice to facilitate guided journey's, and a mash up of breath work, sound healing and mediation .

As a contributing author to the book "Souls of My Sisters" stories of women who triumphed over tragedy, Jill shares her own story of going from pain to purpose. Her story is the foundation of the service she offers to others in Soul Shops and Healing Circles. Jill's work inspires, heals and activates the soul. Book Jill Today!



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